



POSITION DESCRIPTION

Senior Lecturer in Exercise and Sports Sciences

March 2026

UNIVERSITY of 
TASMANIA

Position Summary

College / Division	Health
School / Section	Health Sciences
Location	Launceston
Classification	Academic Level C
Reports to	Head, School of Health Sciences
Direct reports	Nil
Delegation level	<u>No Delegation</u>
Workload Allocation	<u>Balanced</u>

The Opportunity

We are seeking to appoint a Senior Lecturer in Exercise and Sports Sciences to join the multidisciplinary School of Health Sciences. As part of UTAS Health, the School of Health Sciences is strongly partnered with other Health Academic Units including the Tasmanian School of Medicine, School of Psychological Sciences, School of Pharmacy and Pharmacology, School of Nursing, School of Paramedicine, Wicking Dementia Research and Education Centre, and the Menzies Institute for Medical Research.

Across UTAS Health, we are responsible for delivering health professional and allied health education in Tasmania and New South Wales and aspire to create transformative health and medical research solutions that meet the healthcare needs and wellbeing of our communities. This includes the provision of direct clinical services which provide a learning and teaching platform for our students, in a clinical setting.

The School of Health Sciences is committed, through the Allied Health Expansion program, to creating new opportunities to better support the Allied Health labour force needs in Tasmania. We are collaborating with government, health professionals, industry and local Tasmanian communities to increase allied health education, training and research opportunities in Tasmania. The teaching activity for this role will focus primarily on Exercise and Sports Science subject areas. The incumbent will be expected to undertake teaching delivery and administrative duties in the School related to health science units and will be responsible for the development of teaching materials and student assessment utilising emerging technologies.

The incumbent will be a member of the Exercise and Sports Science team delivering a course accredited by Exercise and Sports Science Australia (ESSA). Delivery of the course requires maintenance of close partnerships with industry, high-performance sport, health and education sectors. Expertise in key discipline areas such as motor control, motor learning, skill acquisition or biomechanics is a priority. Expertise in other areas such as sport and exercise psychology, health promotion, growth and development, functional anatomy are also desirable.

The incumbent will contribute effectively to the research efforts of the School in the areas of either [1] improving “healthspan” and the prevention and management of chronic diseases with specific focus on cardiovascular and/or cardiometabolic health or neurodegenerative disease, and/or [2] improving human performance with specific focus on cardiovascular, cardiorespiratory,

or neuromuscular function and/or motor skill acquisition. An important responsibility of this position is to lead new research initiatives that align with the research themes above, supporting research capacity building in health and human performance science in Launceston, and contributing to the supervision of Honours and Higher Degree Research students.

We are looking for team-oriented and innovative staff to achieve social, ethical and culturally sensitive solutions to complex health problems. The incumbent will contribute to a School committed to a set of workplace principles which facilitate a culture we are proud of, and that fosters staff wellbeing while enabling us to achieve our collective mission.

About the University of Tasmania

Welcome to the University of Tasmania, your island campus 1,270 million years in the making. This is heightened education at a slower pace of life. A place that attracts the highest percentage of scientists per capita in the world. Home to towering temperate rainforests, 60,000 years of human knowledge and underground cultural experiences of legend. Take your time to breathe it all in.

Our journey began in 1890, with a seed of academic excellence sown on our island. We inspire and encourage people to flourish and thrive. Our unique circumstances have made us resilient, transforming us into creative problem solvers. Our success is a testament to our quiet determination and adaptability.

We are more than just a place of learning. We are a catalyst for economic growth, a beacon for literacy, a champion for health and a guardian of our environment. We generate powerful ideas for and from Tasmania. We invite inquiring minds, from near and far, to join us in our pursuit of the extraordinary.

Accountabilities and outcomes

Purpose

- Ensure high-quality learning experiences through appropriate place-based curriculum in our entry-to-practice and other professional development courses.
- Make an effective and sustained contribution to research, while working innovatively to achieve social, ethical and culturally sensitive solutions to complex health problems.
- Work closely with industry, private practices and community stakeholders supporting students to become evidence-based practitioners.

Key Outcomes

- Make an effective and sustained contribution to the University in achieving its strategic objectives and fulfilling its operational responsibilities.
- Undertake scholarly coursework teaching of an exemplary high quality, including unit coordination, development of teaching materials, delivery of teaching and student assessment including the utilisation of emerging technologies and simulation-based education, and provide leadership in key areas of learning and teaching in the discipline.
- Contribute to annual course reviews and course accreditation processes.
- As part of a team, lead high-quality research of national and increasingly international standing in areas of priority, secure external competitive and other funding, publish research findings and successfully supervise research higher degree students to completion, to meet and regularly exceed the University's research performance expectations for Level C.

- Facilitate and lead quality work-integrated learning (WIL) experiences for students that has scaffolded, connected and supported pedagogical experience.
- Develop and maintain productive and effective links inside the University and locally and nationally with the discipline, relevant interdisciplinary domains, profession, industry and/or wider community.
- Undertake other duties as assigned by the supervisor.

Behavioural Expectations

We aim for everyone to have a positive experience at our university, and all staff contribute toward creating a university culture that is safe and supportive, enabling our community to flourish by:

- Treating all others – staff, students and community with fairness, equity and respect.
- Ensuring the workplace is an inspiring and safe place to be.
- Ensuring the workplace is free from harassment, bullying, victimisation and discrimination.

Success profile

Personal Attributes

- Leadership: Assumes responsibility to make decisions and effectively leads, motivates and inspires people to take action.
- Driven: Takes action and uses initiative to seize opportunities and pursue outstanding results, even when presented with difficulties or setbacks.
- Innovative: Able to produce new ideas and adopt radical solutions. Readily applies theories and concepts to form strategies and navigate future trends.
- Supportive: Understands others through listening and empathy, works well in a team and actively involves others by valuing individuals' unique perspectives.

Core Capabilities

- Continuous Improvement: Continuously finds ways to improve and simplify processes, systems and practices to deliver improved outcomes for our students, staff and community by utilising practices such as Lean, Agile and Design Thinking.
- Student Focus: Able to bring the student experience lens to all work activities, contributing to outcomes that evoke student curiosity, interest and passion for disciplinary knowledge and skills.
- Community Engagement: Role models a genuine commitment to our mission and plays an active role contributing toward sustainable social, economic and cultural progress for the Tasmanian society we serve.
- Well Managed Delivery and Performance: Effectively deploys management systems including planning, operational controls, ongoing performance management and reviews, progress and impact measurement and retrospective operational and outcome reviews.

Role Specific Skills, Knowledge and Experience

- Extensive experience in university-level curriculum development using flexible and innovative blended learning & teaching andragogy employing practical demonstration, simulation-based education, and digital technologies.
- Extensive experience delivering high quality coursework learning & teaching including unit coordination, quality assurance reviews, and best practice assessment targeted to course learning outcomes.

- Experience in facilitating quality work-integrated learning (WIL) experience for students that has scaffolded, connected and supported pedagogical experience.
- Capacity and interest in developing as an academic leader to foster educational excellence and facilitate the career development of staff.
- Substantial evidence of highly developed interpersonal and organisational skills, with an extensive record of contributing to building and maintaining effective and productive links locally and nationally with the discipline, profession, industry, and the wider community.
- A substantial record in, and continuing commitment to, research that has achieved international recognition and made innovative, and sustained contributions to the field of exercise and sports science, demonstrated by a very strong record of high-quality publications, presentations at conferences, success in securing external competitive and other funding, translating evidence to practice and/or curriculum, and excellence in higher-degree research student supervision.
- Expertise in key discipline areas such as motor control, motor learning, skill acquisition or biomechanics. Experience in other areas such as sport and exercise psychology, health promotion, growth and development, functional anatomy are also desirable.
- Extensive knowledge of current issues and challenges in exercise and sports science in Australia and internationally.

Qualifications and Licences

- A PhD or equivalent in a relevant field.
- Current registration as an Accredited Exercise Scientist and/or Accredited Exercise Physiologist and/or Accredited Sports Scientist with Exercise and Sports Science Australia (ESSA)
- A current driver's license.

Other Requirements

To be eligible for this position, you are required to hold Australian or New Zealand Citizenship, permanent residence or a valid visa that enables you to fulfil the requirements of this role.

As part of our commitment to a safe and inclusive workplace, employment history and criminal background checks may be conducted as part of the selection process.

Travel between campuses and to visit industry partners is often required to achieve teaching and learning outcomes.



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The intention of this Position Description is to highlight the most important aspects, rather than to limit the scope or accountabilities of this role. Duties may be altered in accordance with the changing requirements of the position